

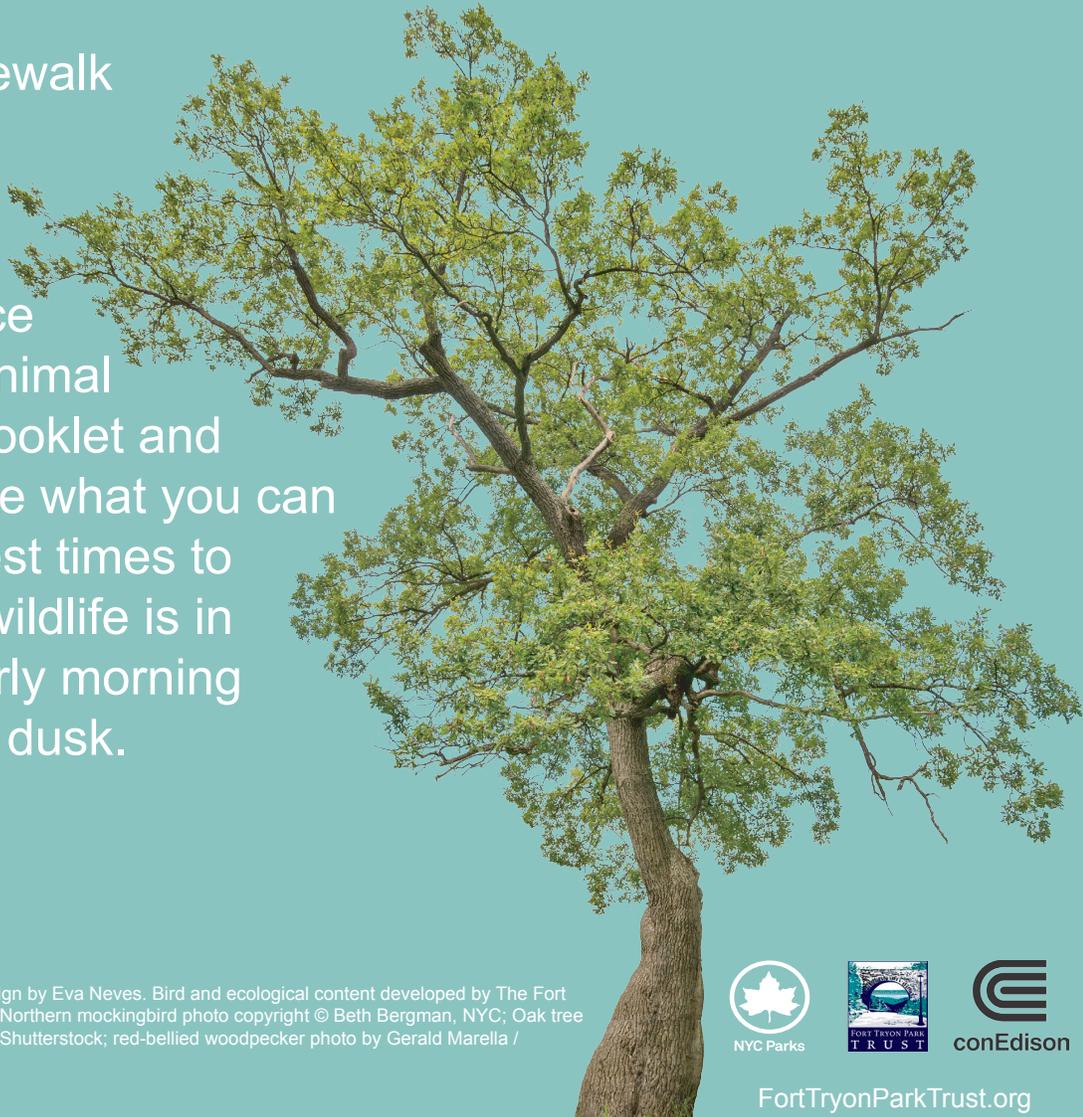
Healthy Habitats

At Fort Tryon Park

Ages 13 and Under

Cabrini Woods at Fort Tryon Park contains a surprising amount of biodiversity (variety of life). The wide range of trees and plants growing here creates a healthy habitat (home or environment for a plant or animal) for many species of birds, insects, and small mammals. Fallen trees serve an important purpose, too - they provide homes for birds, possums, raccoons, and skunks.

The Cabrini Blvd sidewalk bordering the forest (between 190th St and Margaret Corbin Circle) is a great place to look for different animal habitats. Bring this booklet and your binoculars to see what you can spot! **Pro tip:** The best times to see birds and other wildlife is in the early morning and at dusk.



Activities and design by Eva Neves. Bird and ecological content developed by The Fort Tryon Park Trust. Northern mockingbird photo copyright © Beth Bergman, NYC; Oak tree photo by Zerbor / Shutterstock; red-bellied woodpecker photo by Gerald Marella / Shutterstock.



Habitats Coloring Sheet!

Before visiting Cabrini Woods at Fort Tryon Park, get familiar with the many kinds of habitats you might see. Color in the bird, insect, and mammal habitats that you might spot on your visit. **Extra Fun:** Bring your finished sheet to the park and compare the colors you chose to the colors you see in person.

FortTryonParkTrust.org

Who Lives Here?
Insects, Mice,
Chipmunks



Log

Who Lives Here?

Worms, Snails, Butterfly and Moth pupae
(a moth in chrysalis form)



Fallen leaves

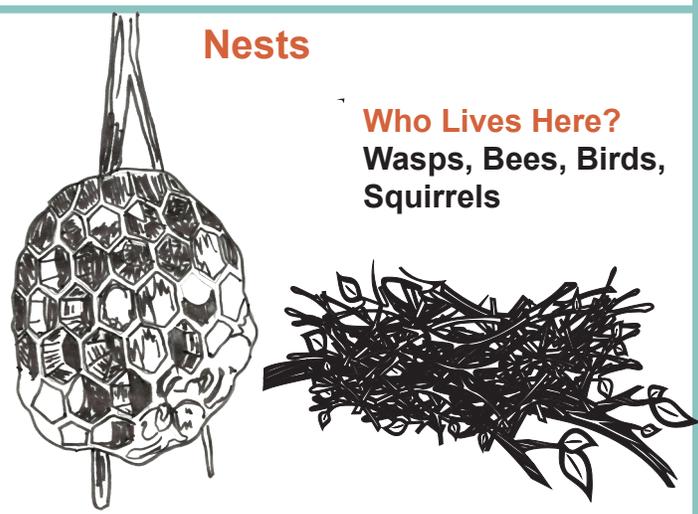
Who Lives Here?
Birds
Butterflies
Caterpillars
Insects
Squirrels
Raccoons



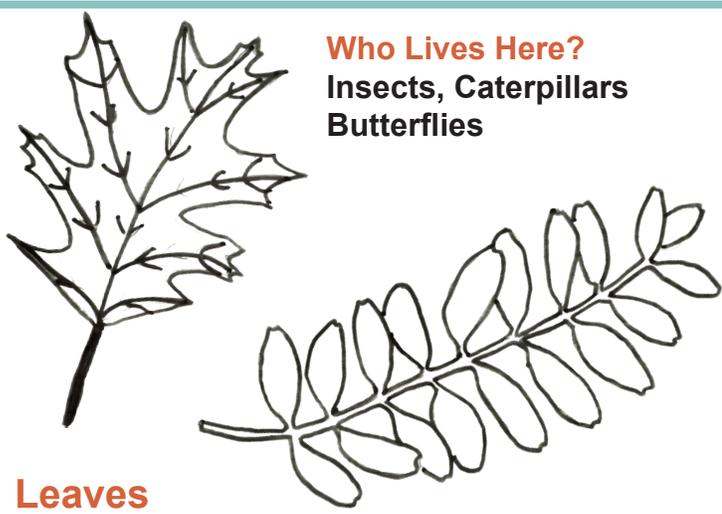
Trees

Nests

Who Lives Here?
Wasps, Bees, Birds,
Squirrels



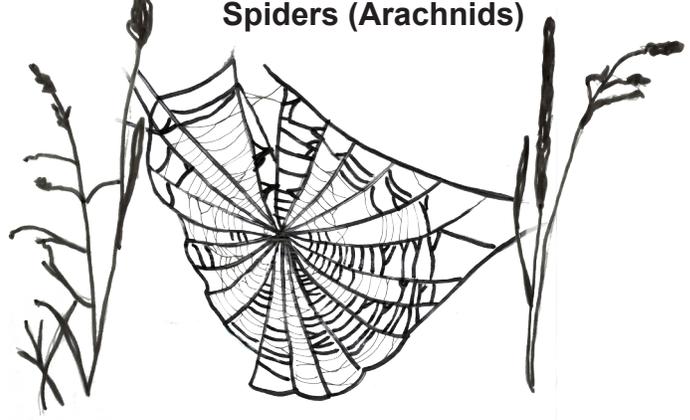
Who Lives Here?
Insects, Caterpillars
Butterflies



Leaves

Webs

Who Lives Here?
Spiders (Arachnids)





Become a forest detective and see what you can find in the different levels of Cabrini Woods! Keep in mind that this forest scene may look very different during the winter season. FortTryonParkTrust.org

Different birds live and hunt at different heights in the forest. Some birds look for worms and seeds on the ground, and some fly high above the trees to spot small animals.

Directions:

- 1 From the Cabrini Blvd sidewalk bordering the woods, use your observational skills to look for birds, mammals, insects, and plants in each level of the forest.
- 2 Draw or write down what you observe on this forest diagram!

Flying High

Up a Tree

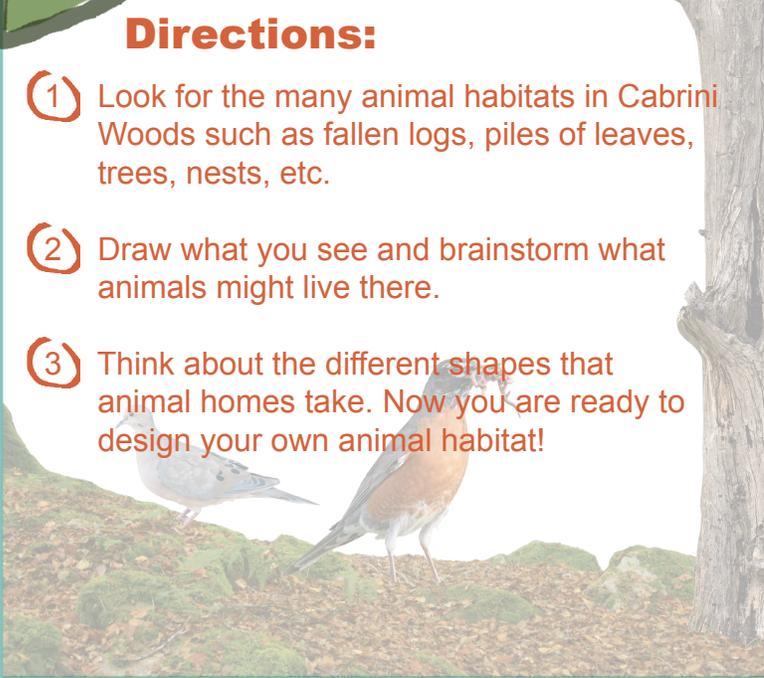
On the Ground

Habitat Architect!

Architects design homes and buildings. Animals also design their habitats to best suit their needs. Look for habitats that animals have constructed in Cabrini Woods at Fort Tryon Park. Then sketch your own animal home and become a habitat architect! FortTryonParkTrust.org

Directions:

- 1) Look for the many animal habitats in Cabrini Woods such as fallen logs, piles of leaves, trees, nests, etc.
- 2) Draw what you see and brainstorm what animals might live there.
- 3) Think about the different shapes that animal homes take. Now you are ready to design your own animal habitat!



Draw your observations:

Create your own habitat design!

Tips:

Think about what animal/animals you want to live in your habitat.

How big does the habitat need to be?

What materials could it be made out of?

Birds and their Habitats!

Some birds live in the city all year just like you. Search for these birds and their habitats along Cabrini Woods at Fort Tryon Park! Don't worry if you can't find all of these feathered friends, some can be hard to spot!

FortTryonParkTrust.org

Blue Jays



Blue jays live at the forest edges. They love acorns, and are often seen near oaks.

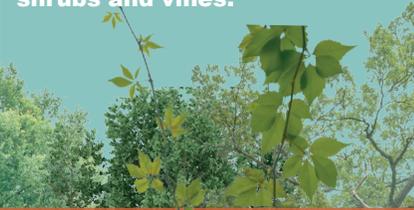


Northern Cardinal



Female Male

Cardinals live in backyards, parks, and forest edges. They make their nests in thick shrubs and vines.




Check here!

Robins are commonly seen in gardens, parks, yards, fields, and woodlands like Cabrini Woods!



American Robin



Red-bellied Woodpecker



Look for flickers in open areas near trees, including woodlands, forest edges, yards, and parks.



Northern Flicker



Red-bellied woodpeckers are commonly seen in eastern forests. They love old oak trunks.



Mourning Dove



Mourning doves can be seen almost anywhere except the deep woods. Look for them in fields or patches of bare ground.



Blue jay photo by FotoRequest / Shutterstock; Northern cardinal photo by Steve Byland/ Shutterstock; American robin photo by Wild Art/ Shutterstock; elm photo by ukmooney / Shutterstock; oak photo by Potapov Alexander / Shutterstock; oak tree photo by Zerbor / Shutterstock; forest floor photo by Sasapee / Shutterstock; tree branch photo by Lev Kropotov / Shutterstock; red-bellied woodpecker photo by Gerald Marella / Shutterstock; northern flicker photo by Pacific Northwest Photo / Shutterstock; mourning dove photo by Bonnie Taylor Barry / Shutterstock; Virginia creeper photo by Pablo77/ Shutterstock; oak leaf illustration by Trudy Smoke; drawing by Eva Neves.